



Fucoxanthin: Antitumor and Cancer Preventive action by different Mechanism

Jare Shrikrushna

Faculty of Pharmaceutical Chemistry, Sinhgad College of Pharmacy Vadgaon, (B.K.)
Pune-141041, India

Contact: +918390152341

Email address: shrikrushnajare1994@gmail.com

Abstract : Fucoxanthin is marine carotenoid found in brown seaweed algae. These compound have different types of beneficial health effect anti-inflammatory, anti-obesity, anti-diabetic, anti-carcinogenic. Anti-proliferative and malignant growth prevention impacts of fucoxanthin and fucoxanthinol are intervened through various pathways, counting the caspases, Bcl-2 proteins, MAPK, PI3K/Akt, JAK/STAT, AP-1, GADD45, what's more, a few different constituent part that are associated with cell cycle capture, apoptosis, hostile to angiogenesis or on the other hand restraint of metastasis. In this evaluation, we abridge the anticancer special effects of fucoxanthin through several different mechanisms including Anti-proliferation, induction of apoptosis, cell cycle arrest and anti-angiogenesis, and its Potential role in the cure of cancer.

Keywords: Fucoxanthin, cancer, tumor, marine, malignant.

Introduction

Fucoxanthin is a marine carotenoid found in various classes of microalgae (e.g., bacillariophytes, bolidophytes, chrysophytes, silicoflagellates, pinguiphytes) and dark colored macroalgae (phaeophytes) [1] Previous examinations have revealed that fucoxanthin has diverse medical advantages, incorporating hostile to oxidative action specifically. Fucoxanthin altogether decreases weight gain in creatures through upgrading unsaturated fat oxidation in white fat tissue. Besides, fucoxanthin sustained creatures show decreased dimensions of oxidative pressure markers, just as improved exercises of cancer prevention agent catalysts. Fucoxanthin has likewise been accounted for to create the antioxidative property in different in vitro models, including A β 42-treated microglia cells, ferric nitrilotriacetate-treated hepatic cells, and UV-prompted fibroblast cells. Notwithstanding,

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it stays hazy whether fucoxanthin could ensure neuronal cells against oxidative pressure related neurotoxicity.[2] Concerning the anticarcinogenic impact of fucoxanthin, it is notable that fucoxanthin applies tumor-inhibitory impacts in different disease cells and mouse models. [3] In the request to elucidate the anticancer impact of fucoxanthin, it is critical to comprehend the basic component of the activity. In this audit, the impacts of fucoxanthin on disease are abridged and the proposed instruments recommended by numerous specialist.

Cancer Preventative Action by Different Mechanism

1. Impacts of fucoxanthin on expansion and apoptosis in human gastric adenocarcinoma MGC-803 cells by means of JAK/STAT flag pathway.

Rui-Xue Yu et al investigated the counter tumor impacts and conceivable systems of fucoxanthin, which has been accounted for to restrain tumor multiplication and initiate apoptosis in vitro or in vivo. Human gastric adenocarcinoma MGC-803 cells were treated with fucoxanthin (25 μ M, 50 μ M or 75 μ M). Information of stream cytometry uncovered that fucoxanthin (50 μ M or 75 μ M) expanded the proportion of cell in G2/M stage and apoptotic MGC-803 cells shifting on a portion subordinate way. Results from invert transcriptase-polymerase chain response and Western smear demonstrated that treatment with fucoxanthin (50 μ M or 75 μ M) fundamentally diminished the outflows of CyclinB1, survivin and STAT3 in MGC-803 cells in a portion subordinate way both at the season of 24 h and 48 h. [4]

2. Inhibitory effects of fucoxanthin, a natural carotenoid, on N-myc expression and cell cycle progression in human malignant tumor cells

J. Okuzumi et al observed Fucoxanthin, a natural carotenoid prepared from brown algae, inhibited the growth of GOT0 cells, a human neuroblastoma cell line. Fucoxanthin at 10 pg/ml reduced the growth rate of GOT0 cells to 38% of the control at day 3 after drug treatment. Now cytometric analysis revealed that fucoxanthin caused the arrest in the G₀-G₁, and phase of cell cycle. Expression of N-myc gene was proved to be decreased by fucoxanthin as early as 4 h after treatment at 10 pg/ml and that may be important for the mechanism of anti-proliferative action of the carotenoid.[5]

3. Anticancer effects of fucoxanthin and fucoxanthinol on colorectal cancer cell lines and colorectal cancer tissues

The in vitro sensitivity to fucoxanthin, fucoxanthinol and the anticancer drugs is expressed as T/C (%), where T is the absorbance of cells which stained by neutral red treated with carotenoids and C is the absorbance of non-staining cells. Fucoxanthin and fucoxanthinol decreased the T/C (%) of Caco-2, WiDr, HCT116, and DLD-1 cell lines at doses of 20 μ M. Fucoxanthinol also decreased the T/C (%) of SW620 cells, while the T/C (%) of Colo205 cells was not reduced by treatment with either carotenoid. Specifically, the T/C (%) of Caco-2 and WiDr cells, which were incubated in carotenoid-free medium for 6 days following treatment with 20 μ M fucoxanthinol for 24 h, was markedly decreased to 1.4 \pm 0.2 and 12.0 \pm 0.3%, respectively. Furthermore, fucoxanthin and fucoxanthinol decreased the T/C (%) in colorectal cancer tissue samples. Notably, 20 μ M fucoxanthinol treatment resulted in a higher proportion of colorectal cancer samples with a T/C (%) of colorectal cancer samples with a T/C (%) of <50% (13/20, 65%) compared with samples treated with 20 μ M fucoxanthin (2/20, 10%). The median T/C (%) value of 35.1% for the 20 cancers specimens treated with 20 μ M fucoxanthinol was lower than the median T/C (%) values of 86.3% and 75.8% for those treated with fluorouracil and paclitaxel, respectively. These results suggested that fucoxanthin and fucoxanthinol may be of use as chemotherapeutic agents in colorectal cancer. [6]

4. Fucoxanthin Protects Cultured Human Keratinocytes against Oxidative Stress by Blocking Free Radicals and Inhibiting

Apoptosis present examination was to analyze the cytoprotective impacts of fucoxanthin against hydrogen peroxide-initiated cell harm. Fucoxanthin diminished the dimension of intracellular receptive oxygen species, as surveyed by fluorescence spectrometry performed afterstaining refined human HaCaT keratinocytes with 2', 7'-dichlorodihydrofluorescein diacetate. Also, electron turn reverberation spectrometry demonstrated that

fucoxanthin searched hydroxyl radical produced by the Fenton response in a without cell framework. Fucoxanthin additionally repressed comet tail arrangement and phospho-histone H2A.X articulation, proposing that it averts hydrogen peroxide prompted cell DNA harm. Besides, the compound decreased the quantity of apoptotic bodies recolored with Hoechst 33342, showing that it ensured keratinocytes against hydrogen peroxide-prompted apoptotic cell demise. At last, fucoxanthin kept the loss of mitochondrial layer potential. These defensive activities were joined by the down-guideline of apoptosispromoting Middle people (i.e., B-cell lymphoma-2-related x protein, caspase-9, and caspase-3) and the up-guideline of an apoptosis inhibitor (B-cell lymphoma-2). [7]

5. Antioxidant effects of fucoxanthin rich powder in rats fed with high fat diet

Study suggests that fucoxanthin exerts its antioxidant effect via enhancement of antioxidant enzyme activities and plasma total antioxidant capacity and fucoxanthin increase the protein expression of Nrf2 leading to enhanced expression of antioxidant protein NQO1. Therefore, addition of fucoxanthin to a high fat diet is considered to be beneficial in improving antioxidant systems in the body by antioxidant activities of fucoxanthin through Nrf2 pathways. [8]

6. Fucoxanthin and (TRAIL) Synergistically Promotes Apoptosis of Human Cervical Cancer Cells by Targeting PI3K/Akt/NF-kB Signaling Pathway

In the present investigation, the adequacy as far as apoptosis was as per the following: TRAIL in addition to fucoxanthin>fucoxanthin>TRAIL, showing the blend of fucoxanthin and TRAIL, delivered a solid synergistic impact on apoptosis in human cervical malignant growth cells. Moreover, we found that upstream flagging PI3K/Akt and NF-kB pathways-mediated cell apoptosis was actuated by TRAIL and smothered by fucoxanthin. By utilizing PI3K and NF-kB inhibitors LY49002 and PDTC, we found that fucoxanthin-or TRAIL-incited apoptosis of human cervical disease cells was clearly down-managed. [9]

7. Degradation of Fucoxanthin to Elucidate the Relationship between the Fucoxanthin Molecular Structure and Its Antiproliferative Effect on Caco-2 Cells

Corruption of Fucoxanthin to Elucidate the Connection between the Fucoxanthin Molecular Structure and Its Antiproliferative Effect on Caco-2 Cells to explain this relationship, fucoxanthin was degraded by ozonolysis. The debased mixes of fucoxanthin gotten by ozonolysis were sanitized by HPLC and dissected by NMR. The polyene chain of fucoxanthin was cut by ozonolysis, and the fucoxanthin was isolated into two kinds of cyclohexyl subordinates, one with a, epoxy ketone gathering and the other with an allenic bond. So as to clarify the structure– movement relationship, Caco-2 cells (human colorectal carcinoma) were treated with fucoxanthin corruption mixes. It was discovered that the whole structure of fucoxanthin isn't basic for its antiproliferative impact and that even a fractional structure applies this impact [10].

8. Antitumor Effects of Laminaria Extract Fucoxanthin on Lung Cancer

Fucoxanthin hindered NSCLC cell development both in vitro and in vivo.fucoxanthin initiated cell cycle capture and apoptosis by upregulating p53, p21waf1/cip1, PUMA and Fas and downregulating Bcl-2. Our outcomes give the likelihood that fucoxanthin will turn into a potential medication for patients with NSCLC [11]

9. Hostile to Oxidative Activity of Mytiloxanthin, a Metabolite of Fucoxanthin in Shellfish and Tunicates

The counter oxidative exercises of mytiloxanthin, a metabolite of fucoxanthin in shellfish and tunicates, were researched. Mytiloxanthin demonstrated great enemy of oxidative exercises for extinguishing singlet oxygen, rummaging hydroxyl radicals, and hindering lipid peroxidation. These exercises were higher than those of fucoxanthin as a forerunner of mytiloxanthin. In this way, it was recommended that marine creatures gather dietary fucoxanthin and convert it to a progressively against oxidative dynamic structure, mytiloxanthin. [12]

10. Restraint of tumor development in vitro and in vivo by fucoxanthin against melanoma B16F10 cells

In the present examination, we confined halocynthiaxanthin and fucoxanthinol as carotenoids having antiproliferative action from *H. roretzi*. Halocynthiaxanthin and fucoxanthinol hindered the development of HL-60 human leukemia cells in a portion and time-subordinate way. Practicality of AM HL-60 treated with 12.5 halocynthiaxanthin and fucoxanthinol was diminished by 12.1% and 5.7% of control after 48 h incubation, respectively. [13]

11. Restraint of tumor development in vitro and in vivo by fucoxanthin against melanoma B16F10 cells

Fucoxanthin diminished the expansion of B16F10 cells in a portion subordinate way joined by the enlistment of cell cycle capture amid the G0/G1 stage and apoptosis. Fucoxanthin-incited G0/G1 capture was related with a checked diminishing in the protein articulations of phosphorylated-Rb (retinoblastoma protein), cyclin D (1 and 2) and cyclin-subordinate kinase (CDK) 4 and up-guideline of the protein dimensions of p15INK4B and p27Kip1. Fucoxanthin-incited apoptosis was went with the downregulation of the protein dimensions of Bcl-xL, an inhibitor of apoptosis proteins (IAPs), coming about in a successive initiation of caspase-9, caspase-3, and PARP. Besides, the counter tumor impact of fucoxanthin was evaluated in vivo in Balb/c mice. Intraperitoneal organization of fucoxanthin fundamentally repressed the development of tumor mass in B16F10 cells embedded mice. [14]

12. Fucoxanthin instigates apoptosis in human leukemia HL-60 cells through a ROS-interceded Bcl-xL pathway

Antitumor activity in human leukemia cell HL-60 the instrument fundamental fucoxanthin-actuated apoptosis in HL-60 cells stays indistinct. In this investigation, we concentrated on the impact of fucoxanthin acceptance on the amassing of responsive oxygen species (ROS), and on the activating of Bcl-xL flagging pathway in HL-60 cells. We verified that ROS are produced amid fucoxanthin-incited cytotoxicity and apoptosis in HL-60 cells, and that N-acetylcysteine (NAC), a ROS forager, smothered fucoxanthin-instigated cytotoxicity and apoptosis. Additionally, fucoxanthin-incited the cleavage of caspases - 3 and - 7, and poly-ADP-ribose polymerase (PARP) and a lessening of Bcl-xL levels, while NAC pre-treatment fundamentally restrained caspase-3, - 7, and PARP cleavage and the decrease. In Bcl-xL levels while NAC pre-treatment essentially repressed caspase 3, 7, and PARP cleavage and the decrease in Bcl-xL levels. In this examination, it was shown out of the blue that fucoxanthin produced ROS and that the gathering of ROS played out an urgent job in the fucoxanthin-instigated Bcl-xL flagging pathway. [15]

13. Fucoxanthin as Potential Functional Biomaterials against Malignant growth in Vitro research extricates from NZ U.

pinnatifida, which has not been extensively examined before as a result of its obtrusive species status previously. All things considered, NZ U. pinnatifida extricates contain novel compound(s) with particular malignancy cell development hindrance impacts in disease cells, particularly in human colon adenocarcinoma, lung carcinoma and neuroblastoma. Conjunction of fucoxanthin and the obscure compound(s) in NZ U. pinnatifida extricate shows specific lethality against disease cells, however not to non-malignant growth cells. Extra research is expected to recognize such compound(s), which would be very attractive in the field of disease inquire about. Our exploration has given the establishment to such further examination. By and by, even without recognizing the really compound(s), it very well may be presumed that NZ U. pinnatifida is an asset rather than a marine vermin. [16]

14. Antiadult T-cell leukemia impacts of dark colored green growth fucoxanthin and its deacetylated item, fucoxanthinol

We assessed the counter ATL impacts of fucoxanthin and its metabolite, fucoxanthinol. The two carotenoids repressed cell suitability of HTLV-1-tainted T-cell lines and ATL cells, and fucoxanthinol was roughly twice more intense than fucoxanthin. Interestingly, different carotenoids, β -carotene and astaxanthin, had mellow inhibitory consequences for HTLV-1-tainted T-cell lines. Significantly, uninfected cell lines and typical fringe blood mononuclear cells were impervious to fucoxanthin and fucoxanthinol. The two carotenoids actuated cell cycle capture amid G1 stage by lessening the declaration of cyclin D1, cyclin D2, CDK4 and CDK6, and

prompting the outflow of GADD45a, and incited apoptosis by diminishing the statement of Bcl-2, XIAP, cIAP2 and survivin. The initiated apoptosis was associated with enactment of caspase-3, -8 and -9. Fucoxanthin and fucoxanthinol additionally smothered I κ B α phosphorylation and JunD articulation, bringing about inactivation of atomic factor- κ B and activator protein-1. Mice with serious joined immunodeficiency harboring tumors incited by immunization of HTLV-1-contaminated T cells reacted to treatment with fucoxanthinol with concealment of tumor development, indicated broad tissue conveyance of fucoxanthinol, and the nearness of restoratively powerful serum concentrations of fucoxanthinol. Our preclinical information recommend that fucoxanthin and fucoxanthinol could be possibly valuable remedial operators for patients with ATL. [17]

15. Fucoxanthin prompts apoptosis and upgrades the antiproliferative impact of the PPAR γ ligand, troglitazone, on colon malignant growth cells

Fucoxanthin surprisingly diminished the suitability of human colon malignancy cell lines, Caco-2, HT-29 and DLD-1. Moreover, treatment with fucoxanthin prompted DNA fracture, demonstrating apoptosis. The DNA fracture in Caco-2 cells treated with 22.6 μ M fucoxanthin for 24 h was 10-fold higher than in the control. Fucoxanthin stifled the dimension of Bcl-2 protein. Additionally, DNA discontinuity prompted by fucoxanthin was somewhat repressed by a caspase inhibitor Z-VAD-fmk. Besides, consolidated treatment with 3.8 μ M fucoxanthin and 10 μ M troglitazone, which is a particular ligand for peroxisome proliferator-activated receptor (PPAR) γ , adequately diminished the practicality of Caco-2 cells. Be that as it may, separate medicines with these equivalent centralizations of fucoxanthin nor troglitazone did not influence cell suitability. These discoveries demonstrate that fucoxanthin may go about as a chemopreventive as well as chemotherapeutic carotenoid in colon malignant growth cells by regulating cell practicality in mix with troglitazone. [18]

16. Development hindrance of human hepatic carcinoma HepG2 cells by fucoxanthin is related with down-regulation of cyclin D

The present investigation was intended to assess the atomic systems of fucoxanthin against hepatic malignancy utilizing the human hepatocarcinoma HepG2 cell line (HepG2). Fucoxanthin decreased the suitability of HepG2 cells went with the acceptance of cell cycle capture amid the G0/G1 stage at 25 μ M. This centralization of fucoxanthin repressed the phosphorylation of the retinoblastoma protein (Rb) at Serine 780 (Ser780) position 18 h after treatment. The kinase action of cyclin D and cdk4 unpredictable, in charge of the phosphorylation of Rb Ser780 site, was down-controlled 18 h after the treatment. Western smearing investigation uncovered that the outflow of cyclin D-type protein was stifled by treatment of fucoxanthin. This decrease was somewhat obstructed by simultaneous treatment with the proteasome inhibitor MG132, demonstrating the contribution of the proteasome-intervened debasement. What's more, RT-PCR examination uncovered that fucoxanthin moreover seemed to subdue cyclin D mRNA. Along these lines, both the protein debasement and transcriptional constraint appear to be in charge of smothered cyclin D level in fucoxanthin-treated HepG2 cells which might be identified with the antitumorigenic action. [19]

17. Marine algal fucoxanthin represses the metastatic capability of malignancy cells

Here, we demonstrate that fucoxanthin detached from dark colored alga *Saccharina japonica* has hostile to metastatic action. To check hostile to metastatic properties of fucoxanthin, in vitro models including measures for attack, relocation, actin fiber association and disease cell-endothelial cell collaboration were utilized. Fucoxanthin repressed the articulation and discharge of MMP-9 which assumes a basic job in tumor intrusion and movement, and furthermore stifled attack of exceedingly metastatic B16-F10 melanoma cells as prove by transwell intrusion measure. Moreover, fucoxanthin lessened the outflows of the cell surface glycoprotein CD44 and CXCR4 chemokine receptor-4 (CXCR4) which assume jobs in movement, attack and cancer-endothelial cell bond. Fucoxanthin particularly smothered cell relocation in wound recuperating measure and repressed actin fiber arrangement. The bond of B16-F10 melanoma cells to the endothelial cells was fundamentally repressed by fucoxanthin. Besides, in test lung metastasis in vivo measure, fucoxanthin brought about critical decrease of tumor knobs. Taken together, we illustrate, out of the blue, that fucoxanthin smothers metastasis of exceedingly metastatic B16-F10 melanoma cells in vitro and in vivo. [20]

18. **Biotransformation of fucoxanthinol into amarouciaxanthin an in mice and hepg2 cells: formation and cytotoxicity of fucoxanthin metabolites**

In the present examination, we explored the further biotransformation of orally directed fucoxanthin and evaluated the cytotoxicity of fucoxanthin metabolites on PC-3 human prostate malignant growth cells. After the oral organization of fucoxanthin in mice, two metabolites, fucoxanthinol and an obscure metabolite, were found in the plasma and liver. The obscure metabolite was segregated from the brooding blend of fucoxanthinol and mouse liver readiness (10,000g supernatant of homogenates), and a progression of instrumental investigations recognized it as amarouciaxanthin A[(3S,5R,6S)-3,5,6-trihydroxy-6,7-didehydro-5,6,7,8 tetrahydro-carotene-3,8-dione]. The change of fucoxanthinol into amarouciaxanthin A was transcendently appeared liver microsomes. This dehydrogenation/isomerization of the 5,6-epoxy-3-hydroxy-5,6-dihydro-end gathering of fucoxanthinol into the 6-hydroxy-3-oxo-end gathering of amarouciaxanthin A required NAD(P) as a cofactor, and the ideal pH for the change was 9.5 to 10.0. Fucoxanthinol enhanced to culture medium by means of HepG2 cells was likewise changed over into amarouciaxanthin A. The half inhibitory focuses on the expansion of PC-3 human prostate malignancy cells were 3.0, 2.0, and 4.6 M for fucoxanthin, fucoxanthinol, and amarouciaxanthin an, individually. As far as anyone is concerned, this is the principal give an account of the enzymatic dehydrogenation of a 3-hydroxyl end gathering of xanthophylls in warm blooded creatures. [21]

19. **Fundamental job of autophagy in fucoxanthin-incited cytotoxicity to human epithelial cervical malignancy HeLa cells**

The cytotoxicity of fucoxanthin was assessed utilizing MTT test. Cell cycle and apoptosis were assessed utilizing stream cytometric investigation. Autophagy was distinguished with acridine orange recoloring and transient transfection of the GFP-LC3 plasmid into the phones. Protein articulation was recognized with Western blotting. Treatment of HeLa cells with fucoxanthin (10– 80 $\mu\text{mol/L}$) for 48 h caused portion subordinate cytotoxicity with an IC₅₀ estimation of 55.1 \pm 7.6 $\mu\text{mol/L}$. Fucoxanthin (10, 20, and 40 $\mu\text{mol/L}$) portion conditionally instigated G₀/G₁ capture, however did not change the apoptosis of HeLa cells. Similar centralizations of fucoxanthin portion conditionally expanded the protein articulation of LC3 II (the autophagosome marker) and Beclin 1 (the commencement factor for autophagosome arrangement) in HeLa cells. Also, fucoxanthin portion conditionally diminished the dimensions of phosphorylated Akt and its downstream proteins p53, p70S6K, and mTOR, and builds the declaration of PTEN in HeLa cells. Pretreatment of HeLa cells with 3-methyladenine (5 mmol/L) obstructed the cytotoxic impact of fucoxanthin just as fucoxanthin-actuated autophagy. [22]

20. **Detachment of fucoxanthin and unsaturated fats examination of Padina australis and cytotoxic impact of fucoxanthin on human lung malignant growth (H1299) cell lines**

Fucoxanthin has been effectively detached from types of Malaysian dark colored kelp, to be specific Padina australis. The virtue of the fucoxanthin is >98% as shown by elite fluid chromatography examination. This ocean growth likewise contains a lot of unsaturated fats. Thirteen unsaturated fats were identified with gas chromatography. In any case, unsaturated fat methyl ester (FAMES) of eicosapentanoic corrosive (C_{20:5n-3}), arachidonic corrosive (C_{20:4n-6}), linoleic corrosive (C_{18:2n-6}) and alpha-linolenic corrosive (C_{18:3n-3}) substance of P. australis were observed to be 2.06, 9.50, 6.37, and 2.83%, individually. For immersed unsaturated fats, palmitic corrosive (C_{16:0}) was observed to be the real unsaturated fat with about 23.97%. Moreover, information acquired from the methyl thiazolyl tetrazolium (MTT) measure demonstrated that fucoxanthin decreased the reasonability of H1299 cell lines, demonstrating an IC₅₀ estimation of 2.45 mM.[23]

21. **Fucoxanthin, a Natural Carotenoid, Induces G1 Arrest and GADD45 Gene Expression in Human Cancer Cells**

The impact offucoxanthin on quality articulation was tested utilizing a DNA microarray frame work. Northern blotch and additionally quantitative RT-PCR were completed to affirm any adjustments in quality articulation. The impact of fucoxanthin on cell cycle movement was investigated utilizing stream cytometry. RNA impedance tests were utilized for the GADD45 quality. Results: Fucoxanthin particularly prompted GADD45A, a cell cycle-related quality, in HepG2 and DU145 cells. Attending G₁ capture, however not apoptosis, was seen in both cell types following treatment with fucoxanthin. The presentation of siRNA against GADD45A mostly

irritated the enlistment of G1 capture by fucoxanthin in both cell types. End: Fucoxanthin initiated G1 capture in HepG2 and DU145 cells. GADD45A might be associated with fucoxanthin-incited G1 capture. [24]

22. Appraisal of potential enemy of malignant growth undeveloped cell movement of marine algal mixes utilizing an in vitro mammosphere measure

MCF-7 bosom disease cells were seen to produce tumourspheres or mammospheres following 3-5 days development in mooring free conditions and a clear enhancement in potential CSCs was seen by an expansion in the extent of CD44^{high}/CD24^{low} marker-bearing cells and Oct4 articulation contrasted with those in the mass populace developed in standard follower conditions. Utilizing this examine, a lot of algal metabolites was screened for the capacity to repress mammosphere improvement as a proportion of potential enemy of CSC movement. We report that the polyhalogenated monoterpene stereoisomers RU017 and RU018 detached from the red alga *Plocamium cornutum*, the two of which showed no cytotoxicity against either follower MCF-7 bosom malignant growth or MCF-12A non-changed bosom epithelial cells, had the capacity to anticipate MCF-7 mammosphere arrangement in vitro. Then again, neither the dark colored algal carotenoid fucoxanthin nor the chemotherapeutic paclitaxel, the two of which were lethal to follower MCF-7 nor MCF-12A cells, had the capacity to restrain mammosphere development. Indeed, pre-treatment with paclitaxel seemed to improve mammosphere arrangement and advancement, a discovering which is steady with the detailed opposition of CSCs to customary chemotherapeutic operators. [25]

23. Impact of Fucoxanthin on PI3K/Akt Signaling Pathway in Human Cervical Cancer HeLa Cells

Western blotch investigation demonstrated that Fucoxanthin inactivated Akt pathway, hindered Bcl-2 protein dimension, initiated Bax creation and caspase-3 cleavage. The Fucoxanthin may hinder the development of HeLa cells by repressing the PI3K/Akt flagging pathway. Fucoxanthin portion conditionally diminished the initiation dimension of NF-kappa B however did not essentially influence AP-1. This demonstrates Fucoxanthin hinders the actuation of NF-kappa B in HeLa cells. [26]

24. Fucoxanthin represses tumour-related lymphangiogenesis and development of bosom malignancy

The after effects of tests executed as a feature of this investigation demonstrate that fucoxanthin, separated from *Undaria pinnatifida* (Wakame), restrains multiplication, relocation and arrangement of tube-like structures in human LEC (HLEC). In this examination, fucoxanthin additionally smothered the threatening phenotype in human bosom malignancy MDA-MB-231 cells and diminished tumour-induced lymphangiogenesis when utilized in mix with a contingent medium culture framework. Fucoxanthin significantly diminished dimensions of vascular endothelial development factor (VEGF)-C, VEGF receptor-3, atomic factor kappa B, phospho-Akt and phospho-PI3K in HLEC. Fucoxanthin additionally diminished micro-lymphatic vascular thickness (micro-LVD) in a MDA-MB-231 bare mouse model of bosom malignant growth. These discoveries propose that fucoxanthin represses tumour-induced lymphangiogenesis in vitro and in vivo, featuring its potential use as an antilymphangiogenic operator for antitumour metastatic thorough treatment in patients with bosom malignant growth. [27]

25. Relative Effects between Fucoxanthinol and its Precursor Fucoxanthin on Viability and Apoptosis of Breast Cancer Cell Lines MCF-7 and MDA-MB-231

We assessed whether low dosages of the characteristic carotenoid fucoxanthin as well as of its metabolite fucoxanthinol are successful against expansion of estrogen-sensitive MCF-7 and estrogen-safe MDA-MB-231 bosom malignant growth cell lines. These cell lines were animated with 10 to 20 μ M fucoxanthin as well as fucoxanthinol, trailed by cell feasibility examines, Annexin V immunofluorescence to assess apoptosis, just as mRNA and protein extractions for changes in atomic factor kappa-light-chain-enhancer of enacted B cells (NF- κ B) individuals' appearances and atomic translocations. Fucoxanthin and fucoxanthinol decreased the reasonability of MCF-7 and MDA-MB-231 cells in a timedependent way because of expanded apoptosis. In both cell lines, modulatory activities of fucoxanthinol on individuals from the NF- κ B pathway were more articulated than that of fucoxanthin. End: In MDA-MB-231 cells, fucoxanthinol diminished atomic dimensions of NF- κ B individuals' p65, p52 and RelB. Fucoxanthinol and fucoxanthin could be powerful for the treatment and additionally avoidance of bosom disease. [28]

26. Restraint of NF-kappaB transcriptional movement improves fucoxanthinol-incited apoptosis in colorectal malignant growth cells

Both fucoxanthin and FucoxanthinOH medications instigated apoptosis in a portion ward and time-subordinate way as distinguished by annexin V/propidium iodide and the nearness of a subG1 populace in human colon malignant growth HCT116 cells. This apoptotic impact of FucoxanthinOH was more grounded than that of fucoxanthin. We likewise discovered that atomic factor-kappa B (NF- κ B) transcriptional action was essentially expanded by treatment with $\geq 5 \mu\text{M}$ FucoxanthinOH. Therefore, we cotreated the cells with FucoxanthinOH in addition to NF- κ B inhibitor, and the outcomes exhibited that this cotreatment emphatically improved the enlistment of apoptosis contrasted and the impacts of FucoxanthinOH or NF- κ B inhibitor treatment alone and brought about X-connected inhibitor of apoptosis (IAP) downregulation, This examination recommended that FucoxanthinOH is a more powerful apoptosis-prompting specialist than fucoxanthin and that its acceptance of apoptosis is upgraded by restraining NF- κ B transcriptional movement by means of concealment of IAP family qualities.[29]

27. Fucoxanthin prompts apoptosis in human glioma cells by activating ROS mediated oxidative harm and directing MAPKs and PI3K/AKT pathways

In the present examination, fucoxanthin with high virtue was arranged and purged from marine micralgae *Nitzschia* sp. by silica gel segment chromatography (SGCC), and the hidden component against human glioma cells was assessed. The outcomes demonstrated that fucoxanthin time-and portion conditionally repressed U251 human glioma cells development by enlistment of apoptosis (64.4 ± 4.8 , P and PI3K/AKT pathways, which approved that fucoxanthin might be competitors with potential application in malignancy chemotherapy and chemoprevention. [30]

28. Expanded fucoxanthin in *Chaetoceros calcitrans* extricate compounds apoptosis in liver disease cells by means of numerous focused on cell pathways

In this investigation, against proliferative impacts of *C. calcitrans* concentrate and its fucoxanthin rich part (FucoxanthinRF) were surveyed on human liver HepG2 malignant growth cell line. Adequacy from each concentrate was controlled by cytotoxicity measure, morphological perception, and cell cycle examination. Components of activity watched were assessed utilizing multiplex quality articulation examination. Results demonstrated that CME and FucoxanthinRF actuated cytotoxicity to HepG2 cells in a portion and time-subordinate way. FucoxanthinRF (IC₅₀: 18.89mg.mL⁻¹) was observed to be altogether more intense than CME (IC₅₀: 87.5mg.mL⁻¹) ($p < 0.05$). Quality articulation ponders uncovered that enemy of proliferative impacts in treated cells by *C. calcitrans* extricates were interceded halfway through the adjustment of various qualities engaged with cell flagging (AKT1, ERK1/2, JNK), apoptosis (BAX, BID, Bcl-2, APAF, CYCS) and oxidative pressure (SOD1, SOD2, CAT). Generally speaking, *C. calcitrans* extricates exhibited successful intercession against HepG2 malignant growth cells where improved apoptotic exercises were seen with expanded fucoxanthin content. [31]

29. Defensive job of fucoxanthin in diethylnitrosamine-initiated hepatocarcinogenesis in test grown-up rodents

The present investigation concentrated on defensive job of Fucoxanthin in liver influenced by diethylnitrosamine (DEN) - prompted HCC. In this investigation, dimensions of liver proteins, oxidative stressors, cell reinforcement status, and lipoproteins were thought about both in tissue and blood. Tissues were additionally examined widely by histological examinations utilizing H and E recoloring and transmission electron microscopy (TEM). Rodents were bunched into four gatherings of six exploratory creatures. Gathering I: Control rodents were directed isotonic saline intraperitoneal Group II: Animals got 0.01% DEN through drinking water to initiate hepatocellular carcinoma. Gathering III: Animals got 0.01% DEN at the same time oral supplementation of Fucoxanthin (50 mg/kg b.w). Gathering IV: Rats were given Fucoxanthin alone (50 mg/kg b.w) orally and the treatment is for 15 weeks. Results demonstrated the decline in body weight, serum egg whites, cell reinforcement catalysts, and expanded all the liver compounds, serum bilirubin, and stress markers in DEN initiated rodents, whereas the concurrent supplementation of Fucoxanthin returned them to typical dimensions. Organization of just Fucoxanthin did not demonstrate any change. Along these lines, Fucoxanthin may fill in as a chemotherapeutic operator against liver malignancy. [32]

30. **Polymeric chitosan-glycolipid nanocarriers for a viable conveyance of marine carotenoid fucoxanthin for enlistment of apoptosis in human colon malignant growth cells (Caco-2 cells).**

Fucoxanthin (FUCO), a marine carotenoid is photograph, and thermo-labile and inadequately Bioavailable because of its lipophilicity. Thus, we built up a chitosan (CS) + glycolipid (GL) nanogels (NGs) to increment cell take-up and anticancer viability of FUCO (10 μ M) in human colon cells (Caco-2). Impact of FUCO stacked in NGs with/with no GL was concentrated in examination with micellar FUCO. Results demonstrated that the cell practicality was lower ($p < 0.05$) in NGs+GL (50.5%) contrasted with NGs (- GL) (66.5%) and the blended micelles (72.5%) bunches over 48h introduction. An improved receptive oxygen species (ROS) age was clear in NGs+GL (379.2%) aggregate contrasted with NGs (- GL) and blended micelles gatherings. Further, enlistment of apoptosis with an expanded chromatin buildup and DNA discontinuity as confirm in DAPI recoloring and DNA stepping stool test were higher in NGs+GL assemble than different gatherings. Down-guideline of Bcl-2 (6.6 folds) was higher in NGs+GL assemble contrasted with NGs (- GL) (1.94 overlap) and blended micelles (1.19 crease) gatherings. Higher Bax up-guideline in NGs+GL contrasted with different gatherings underpins the Bcl-2 down guideline. Mitochondrial film polarization ($\Delta\psi_m$) was higher in NGs+GL group (2.46 overlap) contrasted with NGs (- GL) (1.91 overlay) and blended micelles (1.26 crease) gatherings. The cell FUCO take-up delineated a positive connection between's its dimension (pmol/106 cells) in NGs+GL (758.3) and upgraded caspase-3 action (25.8 folds). This could be the purpose behind an expanded apoptotic movement in NGs+GL gather than different gatherings. Results exhibit that conveyance of FUCO in NGs+GL bearer helps cell take-up and chemotherapeutic capability of FUCO. Results further illustrate, out of the blue, higher enemy of malignant growth action of FUCO stacked in NGs+GL and the impact was through ROS age by means of a caspase subordinate instrument in Caco-2 cells. [33]

31. **Impacts of fucoxanthin on autophagy and apoptosis in SGC-7901 cells and the component**

Autophagy and apoptosis are engaged with the improvement of an assortment of diseases. Fucoxanthin is a characteristic compound known to have antitumor impacts, so we intended to investigate its consequences for autophagy and apoptosis in gastric malignancy SGC7901 cells. In particular, we performed methyl thiazolyl tetrazolium examine, transmission electron microscopy, ongoing polymerase chain response, Western smear examination, immunofluorescence test, and cell apoptosis investigation to elucidate the job of fucoxanthin in SGC-7901 cells. Our outcomes show that fucoxanthin altogether hinders the suitability of SGC-7901 cells, adequately prompting both autophagy and apoptosis by up-managing the statements of beclin-1, LC3, and severed caspase-3 (CC3), and by down directing Bcl-2. Fucoxanthin-incited autophagy likewise appears to happen previously, and may advance apoptosis. [34]

32. **Fucoxanthin Elicits Epigenetic Modifications, Nrf2 Activation and Blocking Transformation in Mouse Skin JB6 P+ Cells**

We intended to examine the epigenetic guideline of Nrf2 by astaxanthin (AST) and fucoxanthin, carotenoids which are rich in microalgae and ocean growth, in mouse skin epidermal JB6 P+ cells. fucoxanthine incited the counter oxidant reaction component (ARE)- luciferase and upregulated the mRNA and protein dimensions of Nrf2 and Nrf2 downstream qualities in HepG2-C8 cells overexpressing the ARE-luciferase journalist. Both fucoxanthin and AST diminished settlement arrangement in 12-Otetradecanoylphorbol-13-acetic acid derivation (TPA)- instigated change of JB6 P+ cells. fucoxanthin diminished the methylation of the Nrf2 advertiser area in the JB6 P+ cells by the bisulfite change and pyrosequencing. Both fucoxanthin and AST altogether diminished DNA methyltransferase (DNMT) action however did not influence histone deacetylase (HDAC) action in JB6 P+ cells. In outline, our outcomes demonstrate that fucoxanthin actuates the Nrf2 flagging pathway, incites the epigenetic demethylation of CpG destinations in Nrf2 and obstructs the TPA-initiated change of JB6 P+ cells, showing the potential wellbeing advancing impacts of fucoxanthin in skin malignancy avoidance. [35]

33. **Restraint of two gastric malignant growth cell lines incited by fucoxanthin includes downregulation of Mcl 1 and STAT3**

Fucoxanthin is a characteristic carotenoid that had never been recently exhibited to have hostile to tumor impact on human gastric adenocarcinoma SGC-7901 or BGC-823 cells. Here it was found to restrain expansion and prompt apoptosis through JAK/STAT flag pathway in these cells; the component by which this happened was researched. We find that fucoxanthin significantly expanded the quantity of apoptotic cells by propidium iodide

(PI) color recoloring and flow cytometry. Fucoxanthin (50 or 75 μM) prompted SGC-7901 cells cycle capture at S stage, while BGC-823 cells capture at G2/M stage. RT-PCR and western blot examination uncovered that the outflows of Mcl-1, STAT3 and p-STAT3 were clearly diminished by fucoxanthin in a portion subordinate way. Manufactured siRNA focusing on Mcl-1 was transfected into cells which had no effect on articulations of STAT3. After pretreatment with AG490 (50 μM) which prompted obstructing of the JAK/STAT flag pathway, the reductive articulations of Mcl-1, STAT3 and p-STAT3 brought about by fucoxanthin were restrained. This is the first investigation of effects on SGC-7901 and BGC-823 cells by fucoxanthin. Fucoxanthin can instigate cell-cycle capture and apoptosis in these cells. These effects included downregulation of Mcl1, STAT3 and p-STAT3. This work is significant for better comprehension of components prompting human gastric adenocarcinoma development and educating misuse of against tumor marine medication, and for giving Mcl-1 and STAT3 as potential restorative focuses for gastric adenocarcinoma. [36]

34. Improving Activity of Anticancer Drugs in Multidrug Resistant Tumors by Modulating P-Glycoprotein through Dietary Nutraceuticals

Protection from chemotherapy has been corresponded with overexpression of p-glycoprotein (p-gp), an individual from the ATP-restricting tape (ABC) superfamily of layer transporters. P-gp intervenes protection from an expansive range of anticancer medications including doxorubicin, taxol, and vinca alkaloids by effectively removing the medications from cells. Utilization of explicit inhibitors/blocker of p-gp in blend with clinically essential anticancer medications has developed as another worldview for defeating multidrug obstruction. The point of this paper is to survey p-gp guideline by dietary nutraceuticals and to relate this dietary nutraceutical initiated regulation of p-gp with action of anticancer medications. [37]

Conclusion

Fucoxanthin effect antitumor and anticarcinogenic impacts by Adjusting articulation of different cell atoms and cell flag transduction pathways. These discoveries propose that fucoxanthin could be used as a conceivable malignant growth safeguard operator in procedures intended to battle human malignancy.

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