



PharmTech

International Journal of PharmTech Research

CODEN (USA): IJPRIF, ISSN: 0974-4304, ISSN(Online): 2455-9563
Vol.13, No.03, pp 253-260, 2020

A Review on unexplored Plants for Recurrent Aphthous Stomatitis

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Abstract : Recurrent Aphthous Stomatitis (RAS) is one of the most common pathological conditions with ulcers in the oral mucosa. Various conventional medicines are available in the market for RAS but due to a range of factors people are getting affected by RAS gradually. More over conventional medicines are all having the side effects so the alternative system for the treatment of RAS came in to the market. Although herbal medicines are widely used in India and other countries and multiple studies are conducted in this regard, but still many of the herbal plants are not utilized though they are having traditional claim. Aim of this is review is suggesting the herbal plants which are claimed for the treatment of mouth ulcer but scientifically validated for gastric ulcer by using animal models should also be validated for mouth ulcer by clinical trials and also which are used traditionally but not yet concentrated can be evaluated and used for the treatment of RAS..

Keywords : Recurrent Aphthous Ulcer (RAS), conventional medicines, Herbal and gastric ulcer.

K. Anand Babu *et al* /International Journal of PharmTech Research, 2020,13(3): 253-260.

DOI= <http://dx.doi.org/10.20902/IJPTR.2019.130316>
