



The Influence of the Perineum and Aromatherapy Steam Seats against the Pain Due to the Wounds of Perineum at Parturition on Maternal Health Centers Bara-Baraya Town of Makassar

***¹Karnilan Lestari Ningsi Sam, ²Mardiana Ahmad, ³Syafruddin Syarif, and ⁴Nila Trisna Yulianti**

¹Midwifery Of Science Graduate School Of Hasanuddin University, *Indonesia*

²Midwifery academies Muhammadiyah Palopo, *Indonesia*

³Faculty Of Engineering University Of Hasanuddin, *Indonesia*

⁴Midwifery Academies Borneo Medistra Balikpapan, *Indonesia*

Abstract : Perineum pain is a result of the perineum wound that occurs spontaneously or episiotomy at childbirth process. This research aims to know the comparison of Seats the Perineum and aromatherapy steam against Pain due to the wounds of Perineum at Parturition on Maternal health centers Bara-Baraya Makassar city. This research uses Quasi Experimental Design approach by using purposive sampling technique of sampling. The sample in this research totalled 30 respondents are divided into 3 kelompok. The Group was the control group (Chair), group II Group Chair is the perineum, and group III is a group chair the perineum and aromatherapy steam. The sample in this study i.e., the mother of the second day of parturition were perineum degree I and II were given intervention for 15 minutes with his mother on the perineum and aromatherapy steam chairs. During the intervention, the respondents observed pain expression using the facial pain scale observation sheet (Wong Baker Facial Gramace Scale). The results of this research are getting the value of $p = 0.000$ $\alpha = 0.05 <$ thus H_0 is rejected, there is a comparison of the perineum wound pain on groups that use steam and aromatherapy Chair compared to the control group (regular seats and chairs the perineum) means There are significant differences between the perineum wound pain control group, the Group's Chair, as well as the perineum perineum Chair group and aromatherapy steam. The conclusions of this study, namely the Chair the perineum and aromatherapy steam can be used as a complementary therapy for the perineum wound pain.

Keywords : Seat Of The Perineum, Aromatherapy Steam, Perineum Pain.