

## **Phytochemical Content, Total Phenols, and Antioxidant Activity of Mangrove *Sonneratia alba* Young Leaf Through Different Extraction Methods and Solvents**

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**Abstract :** This study was aimed at finding out the antioxidant potential of mangrove *Sonneratia alba* young leaf collected from Wori village, Wori district, North Sulawesi. The extract was obtained from dry powder of young leaf of *S.alba* using 2 extraction methods (soxhlet and maceration), and 2 solvents (methanol and ethanol). Phytochemical analyses were qualitatively done to detect the presence of phenols, flavonoid, tanin, steroid, triterpenoid, and alkaloid, total phenols using Folin Ciocalteu and antioxidants using DPPH (1-1-diphenil-2-pikrihidrasil) method. Results found that the extract rendement was higher in soxhlet extraction using 9.77% methanol or 9.18% ethanol than in maceration method using 2.61% methanol and 2.51% ethanol. Phytochemical analyses found that soxhlet extraction with either methanol or ethanol detected all phytochemical components tested, while maceration extraction did not detect the presence of alkaloid. The highest total phenol was recorded in the maceration extract with ethanol (34.2 mgGAE/g extract) followed by soxhlet extraction with methanol (33.6 mgGAE/g), methanol maceration (31.7 mgGAE/g), and ethanol maceration (28.6 mgGAE/g). Higher antioxidant activity was found in 2 samples macerated with ethanol ( $IC_{50}$  DPPH=5.01  $\mu$ g/mL) and soxhlet with methanol ( $IC_{50}$  DPPH=5.16  $\mu$ g/mL) than that of vitamin C ( $IC_{50}$  DPPH=5.21  $\mu$ g/mL), while 2 other samples had lower antioxidant activity than that of vitamin C, soxhlet ethanol extract ( $IC_{50}$  DPPH=6.23  $\mu$ g/mL) and methanol maceration ( $IC_{50}$ =7.45  $\mu$ g/mL). As a whole, this study concluded that young leaf extract of *S.alba* is potential as natural antioxidant source.

**Keywords :** young leaf, *S.alba*, phytochemicals, total phenol, antioxidant.

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