

**Scientific, educational, linguistic& formative (SELF)  
evaluation strategy of a sample of intermediate  
musculoskeletal multiple choice questions**

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**Abstract:**The purpose of this study was to apply the SELF evaluation strategy on a sample of multiple choice questions (MCQs) within the field of musculoskeletal disorders of intermediate level. A number of stand-alone MCQs were discussed along with the rationale of choosing one answer and excluding the other options. Discrimination and difficulty indices were calculated for all questions included. It is concluded that SELF evaluation strategy is feasible and practical, even among inexperienced academics, to assess the validity of MCQs within the field of musculoskeletal disorders. It is recommended to use SELF evaluation strategy to have quality MCQs that lead to developing competency and capabilities.

**Key words:** Evaluation strategy, musculoskeletal, SELF evaluation, MCQ, competence.

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