

## **Optimization of extraction and microencapsulation of polyphenols from pomace of Indian grapes**

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**Abstract :** The objective of this study is to improve extraction parameters of polyphenols from pomace of one Indian table grape cultivar. i.e. Tas-A-Ganesh Grape(TAGG).The impact of various solvents i.e.ethanol, (0, 25, 50, 75 and 100%) and methanol (0, 25, 50, 75 and 100%), with extraction time (0, 1, 2, 3, 4 and 5 hr.) were tried. It was found that the dissolvable nature and time significantly affect add up to polyphenols (TP) recuperated from the grape pomace. The best extraction conditions were as per the investigation methanol 75% at room temperature during 4 hr. furthermore, six back to back extractions with content of TP extracted of 22.62 mg GAE/100 g of Tas-A-Ganesh Grape Pomace (TAGGP). This shows the rate of polyphenols removed from grapes pomace relies on upon the 75% of Ethanol solvent. This study on the optimization of the extraction parameters of polyphenols from grape pomace is exceptionally unique on scale of India.

A lab scale spray-dryer was opted to engender microcapsules of polyphenols utilizing different dextrose equipollents of Maltodextrin and Gum Arabic as a coating material. Core: coating material ratios (1:1), five different Maltodextrin (MD): Gum Arabic (GA) ratios (10:0, 8:2, 6:4, 6:4 and 10:0), and four different inlet temperatures (120, 140,160, 180<sup>0</sup>C) were investigated. Total phenolic contents were evaluated; the most efficient microcapsules were obtained with an 8:2 ratio of MD: GA at 140<sup>0</sup>C inlet temperature.

**Key words :** Tas-A-Ganesh Grapes, Pomacs, Polyphenols, Extraction, Microencapsulation.

### **Introduction:**

Grapes (*Vitis vinifera*) are an important fruit crop in India. Grapes are the third most widely cultivated fruit after citrus and banana. Grape pomace (GP) is a by-product of wine/Juice industry.GP consists mainly of peels (skins), seeds and stems and accounts for about 20–25% of the weight of the grape crushed for wine or juice production. The waste is facing disposal problem at one end and to follow the stipulated parameters laid by the Central and State Pollution Control Board, India. The agro-industrial residues of grape are commonly solid by-products such as stalks, pomace and the liquid filtrate. Depending on the situations of the grapes when they are picked, the remains may speak from 15 to 30% of the total volume of grapes.<sup>1,2</sup>

Winemaking produces an assortment of buildups comprising of seeds, skins, and stems that cause natural and temperate issues, which could be limited by the abuse and valorization of those items. Grape pomace is perceived as an imperative wellspring of phenolic mixes (flavonoids and non-flavonoids). The fundamental subclasses of phenolic compound in white grape pomace are flavanols, flavonols and phenolic acids.<sup>3</sup>

These residues are composed of water, proteins, lipids, carbohydrates, vitamins, minerals, and compounds with important biological properties such as fiber, vitamin C and phenolic compounds depending on the type of waste, the cultivar and climatic and cultivation conditions.<sup>4</sup>

The objective of this work was to study the solid-liquid extraction of polyphenols from grape wastes (pulp, skins and stem) of the Indian cultivars and examine microencapsulation of these phenolic compounds.

## Experimental Design

### Sample preparation

Solid wastes i. e. Pomace (skins and stem) was obtained from the pressing of Tas-A-Ganesh (TAG) grapes. They were dried at 50 °C in a conditioning chamber during 12 hours. The dried pomace was taken for grading. The grinding was carried out with the help of laboratory grinder. Then it was taken for practical analysis and it was performed with the help of sieve shaker. The final size obtained was 70 mm. The powder was then subjected to chemical analysis.<sup>5</sup>

### Extraction design:

In order to fix the extraction time for later experiments, extraction kinetics was performed in duplicate, with the different combination of process conditions having alcohol percentage (0%, 25%, 50%, 75%, and 100%) of ethanol and methanol each. Extraction kinetics will be monitored by measuring the total polyphenols (TP) in the extract at different process times i.e. at 0 hr., 1hr., 2hr., 3hr., 4hr., and 5hr. After the optimum extraction time and yield of polyphenol was determined. Extractions were performing in duplicate, at the same process conditions commented before. Process yield and extract composition was determined by analyzing the concentration in the extract of total polyphenols.

### Extraction procedure

The extraction of liquid was prepared by adding to the ethanol/water mixture the necessary amounts of HCl or KOH. Sample/solvent ratio was 1:25 (g/ml). Extraction was carried out under agitation on an orbital shaker at a speed of 150 rpm. All experiments were carried out at room temperature (25±2°C). Extraction time was determined and fixed after performing previous extraction kinetics. After treatments the extracts were separated from the residual solids and stored at -20°C overnight until further use.<sup>5</sup>

### Determination of total polyphenols (TP)

The total phenolic content was determined by using the Folin-Ciocalteu assay<sup>6</sup>. An aliquot (1 ml) of extracts or standard solution of Gallic acid was added to 25 ml of volumetric flask, containing 9 ml of distilled water. Reagent blank using distilled water was prepared. 1 ml of Folin-Ciocalteu phenol reagent was added to the mixture and shaken. After 5 minutes 10 ml of 7% Na<sub>2</sub>CO<sub>3</sub> solution was added to the mixture. The volume was then made up to the mark. After incubation for 90 minutes at room temperature, the absorbance against the reagent blank was determined with an UV-Visible spectrophotometer. Total phenolic content was expressed as mg Gallic acid Equivalent (GAE).

### Effect of extraction procedures and different parameters

#### Solvents Extraction

Three distinct solvents were utilized to decide the most appropriate one for the extraction recuperation of polyphenols. The solvents utilized as a part of this analysis were: refined water, methanol and ethanol, these three later solvents were tried as a blend with water at various dilutions of various alcoholic dilutions (0, 25%, 50%, 75%, and 100%) and that at 25°±2°C. The best extraction solvent was chosen by the estimation of TP, mg GAE/100 g).<sup>7,8</sup>

### Extraction time

Samples were removed utilizing the best dissolvable sort and the best dissolvable dilution concentration, as decided in the initial step, for 0, 1, 2, 3,4, and 5 hours by fixing the extraction temperature steady at  $25\pm 2^{\circ}\text{C}$ . The best extraction time was chosen by the best estimation of TP (mg GAE/100 g).

### Microencapsulation of Polyphenols

Sample preparation for coating materials i.e. Maltodextrin and Gum Arabic were dispersed individually in water till attaining 9.0% solid content under magnetic agitation. To prepare coating material solutions, Maltodextrin and Gum Arabic were mixed together at certain ratios (10:0, 8:2; 6:4, 4:6, 2:8 and 0:10v/v). The prepared coating material solutions were then combined with phenolic extract (core), which was concentrated up to 9.0% solid content, at certain core: coating ratios (1:1v/v). They were stirred with laboratory homogenizer at 7000 rpm for 30 min.<sup>9-10</sup>

### Spray drying

The microencapsulation was carried by spray drying method suggested<sup>11</sup> with slight modification. In brief the above prepared emulsions were spray – dried on spray drier (LU-222, Labultima, Mumbai). The drying chamber of 150 cm height and 80 cm diameter with two cyclone separator, hot air blower and a exhaust blower. The mixture of core and wall materials was fed at the speed of 2 ml /min into the drying chamber, entrance air temperatures of (120, 140, 160, 180<sup>0</sup>C), respectively, air pressure of 2 kgf/cm<sup>2</sup> from the blower in parallel flow whereas microcapsules after spray drying were collected in the cyclone. During drying processes, the temperature of the feed mixture was 25<sup>0</sup>C.

### Statistical analysis

The results obtained were subjected to statistical analysis of variance (ANOVA) using complete randomized design. The critical difference at  $P < 0.05$  was estimated for significant difference.<sup>12</sup>

## Result and Discussion

The chemical composition of fresh Tas-A-Ganesh Grapes (TAGG) cluster was analysed the results are shown in Table 1.

**Table.1 Chemical composition of Tas-A-Ganesh Grape (TAGG)**

| Parameters                                    | Values           |
|---|------------------|
| Moisture (%)                                  | 85 $\pm$ 0.90    |
| Acidity (%)                                   | 0.62 $\pm$ 0.08  |
| TSS ( °Brix)                                  | 20.00            |
| Crude Protein (%)                             | 0.68 $\pm$ 0.18  |
| Brix-acid ratio                               | 35.71 $\pm$ 0.26 |
| Total sugars (%)                              | 19.42 $\pm$ 0.40 |
| Reducing sugars (%)                           | 18.02 $\pm$ 0.42 |
| Non reducing sugars (%)                       | 1.40 $\pm$ 0.08  |
| Ascorbic acid (mg 100 g-1)                    | 2.52 $\pm$ 0.10  |
| Results are mean $\pm$ SD of 3 determinations |                  |

The moisture 85%, Total soluble solid 20.00 °Brix, crude protein 0.68 %, total sugar was 19.91% (Reducing sugars 18.02%, Non reducing sugars 1.40%), ascorbic acid was 2.52 mg/ gm.

**Table 2. Physicochemical composition of TAGGP**

| Parameters                             | Results    |
|--|------------|
| Moisture (%)                           | 4.20±0.40  |
| Ash (%)                                | 4.60±0.60  |
| Fat (%)                                | 6.14±0.08  |
| Protein (%)                            | 9.10±0.20  |
| Carbohydrate (%)                       | 30.96±0.32 |
| Glucose (%)                            | 7.95±0.18  |
| Fructose (%)                           | 8.90±0.10  |
| Total Fiber (%)                        | 44.20±0.80 |
| Total Phenolic compound (mg GAE/100 g) | 24.10      |

Pomace yield depend on pressing grape method, bunch type, harvesting parameter and types of grape. On dry matter (pomace powder) basis the physicochemical composition of TAGGP was showed in Table no. 2 moisture content (4.20%), Ash (4.60%) Fat (6.14%) Protein (9.10), Carbohydrate (30.96) and Total fiber was (44.20%), Note that phenolic compounds in GP are influenced by many factors, including grape variety, growth climate and location, harvest time, as well as processing and storage conditions.<sup>13-14</sup>

**Table.3 Total Polyphenols in Tas-A-Ganesh Grape Pomace using different extracting solvents.**

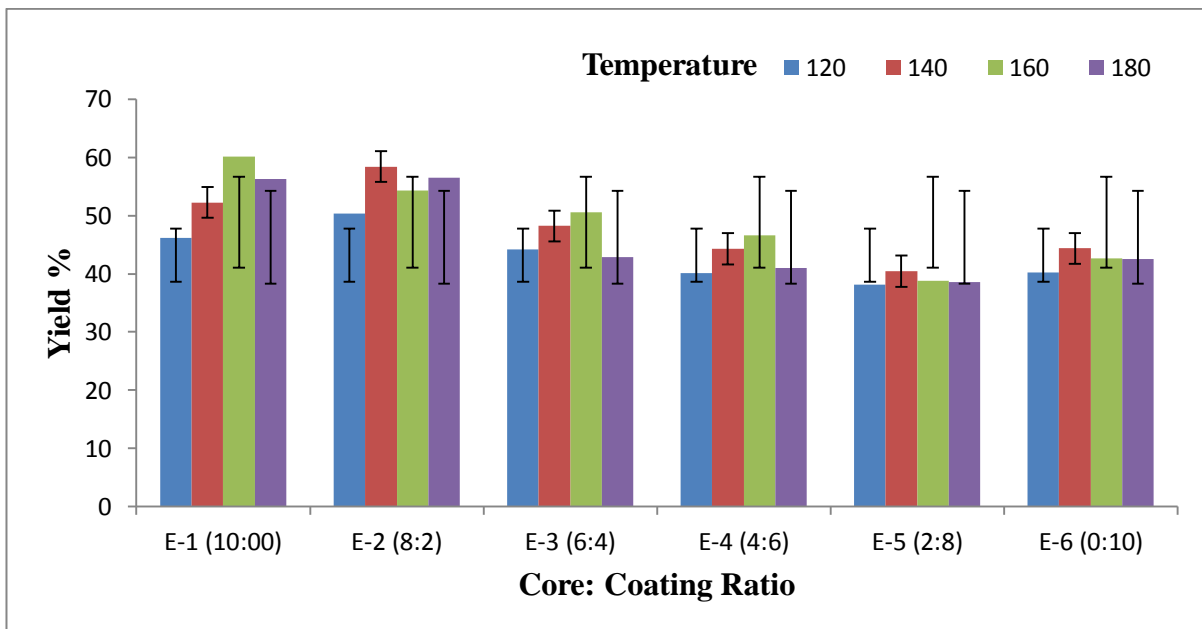
| Solvent Concentration | Extraction Time (hrs.) | Total Polyphenols(mg of Gallic acid equivalents /g) |                  |
|-----------------------|------------------------|---|------------------|
|                       |                        | Ethanol Solvent                                     | Methanol Solvent |
| 0%                    | 0                      | 10.20±0.09d   | 10.20±0.09d*     |
|                       | 1                      | 10.90±0.10d   | 10.90±0.10d*     |
|                       | 2                      | 12.33±0.15c   | 12.33±0.15c*     |
|                       | 3                      | 14.13±0.23b   | 14.13±0.23b*     |
|                       | 4                      | 16.16±0.35a   | 16.16±0.35a*     |
|                       | 5                      | 15.43±0.40a   | 15.43±0.40a*     |
| 25%                   | 0                      | 11.06±0.41c   | 11.43±0.25e      |
|                       | 1                      | 12.76±0.15bc  | 13.27±0.17d      |
|                       | 2                      | 14.63±0.20b   | 15.56±0.33c      |
|                       | 3                      | 17.30±1.41a   | 17.43±0.40b      |
|                       | 4                      | 18.40±0.20a   | 18.96±0.32a      |
|                       | 5                      | 17.93±0.30a   | 17.96±0.05ab     |
| 50%                   | 0                      | 12.96±0.32c   | 14.50±0.36c      |
|                       | 1                      | 13.78±0.29c   | 16.45±0.43b      |
|                       | 2                      | 15.63±0.35b   | 17.94±0.62b      |
|                       | 3                      | 16.58±0.33b   | 20.27±0.25a      |
|                       | 4                      | 19.21±0.22a   | 20.49±0.61a      |
|                       | 5                      | 18.44±0.03a   | 20.43±0.49a      |
| 75%                   | 0                      | 14.48±0.36d   | 14.94±0.04e      |
|                       | 1                      | 16.36±0.17c   | 17.30±0.32d      |
|                       | 2                      | 18.26±0.05b   | 19.36±0.18c      |
|                       | 3                      | 20.16±0.02a   | 20.06±0.50bc     |
|                       | 4                      | 20.90±0.13a   | 22.62±0.15a      |
|                       | 5                      | 20.40±0.29a   | 21.14±0.22ab     |
| 100%                  | 0                      | 14.05±0.40c   | 14.12±0.02d      |
|                       | 1                      | 17.07±0.06b   | 17.20±0.02c      |
|                       | 2                      | 18.46±0.46b   | 18.95±0.12b      |
|                       | 3                      | 19.80±0.35a   | 19.60±0.42ab     |
|                       | 4                      | 19.72±0.43a   | 20.41±0.42a      |
|                       | 5                      | 19.10±0.26a   | 19.69±0.42ab     |

\*indicate that the same value i. e. 0% solvent means 100% refined water

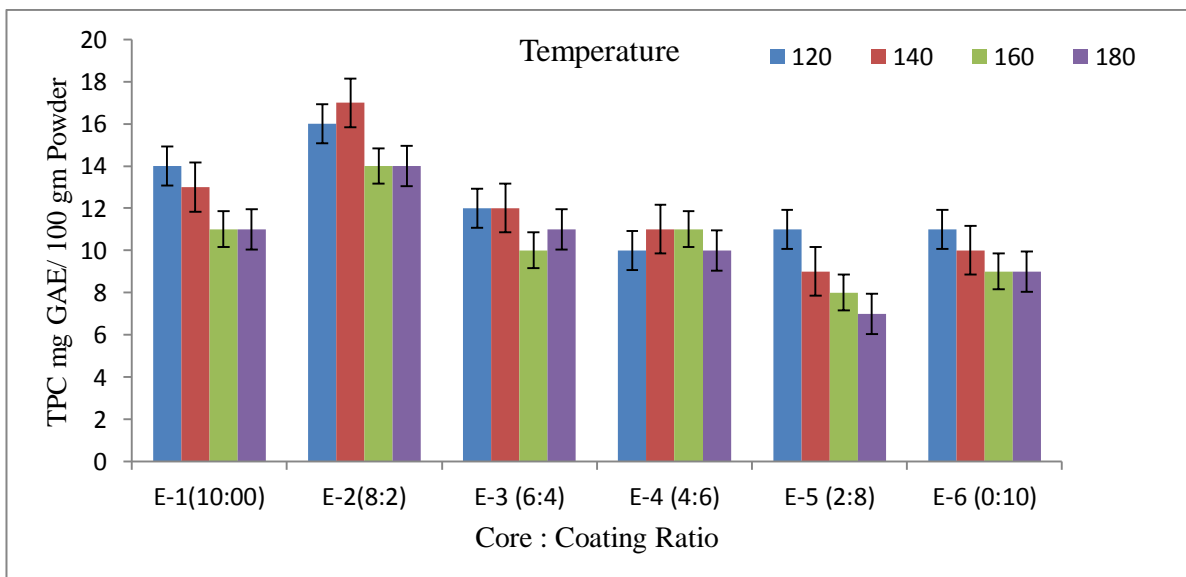
Statistical analysis indicated that both solvent concentration and time highly effect on extraction of polyphenol compound from TAGGP. It depends on the extraction conditions 0%, 25%, 50%, 75% and 100% of Ethanol and Methanol concentration. It was observed an increase the total polyphenols extraction with increase solvent concentration but 100% solvent concentration used for extraction that time decrease polyphenols as compared with 75% solvent concentration. Table 3 shows that the different types of solvent has a significant effect ( $p < 0.05$ ) on TP content and they were able to extract polyphenols, but methanol 75% was the most effective solvent as ethanol at the same concentration. Methanol 75% allows extracting the highest quantity TP which was  $22.62 \pm 0.15$  mg GAE/100g followed by ethanol (75%)  $20.90 \pm 0.13$  mg GAE/100 g. as shown in the Table no.3, the highest TP content is obtained after an extraction time of 4 hours. In the literature, a few solvents are utilized for extraction of polyphenols and regularly blended with water at various amount.<sup>15,16,17</sup>

Hence, excessive extraction time was no longer useful to extract more phenolic compounds from TAGGP. From an economic point of view and also taking into account the yield of phenolic compounds from the TAGGP extract, 4 hours can be considered as optimal extraction time at room temperature i. e.  $25^{\circ} \pm 2^{\circ}C$

**Microencapsulation of Total Polyphenols**



**Figure1. Yield of microencapsulated powders with Maltodextrin and Gum Arabic ratio at different inlet temperatures.**



## Figure 2. Total polyphenols of microencapsulated powders

Total polyphenol content yield showed an increase with the rising temperature in the event of different coating material ratios (10:0; 8:2; 6:4,4:6, 2:8 and 0:10) and the core: coating material ratios (1:1). The increasing temperatures led to greater process yield, which can be attributed to the greater efficiency of heat and mass transfer processes occur in the case of using higher inlet air temperatures.

The use of only Maltodextrin resulted in variable yield between 46.02–60.12%, whereas the range was observed between 50.3–58.4% in the case of utilizing MD: GA at ratio of 8:2. Moreover, it was found that increasing the gum Arabic amount in the coating material has decreased this value up to 38.12–58.4%. Therefore, it can be concluded that the increasing ratios of MD and GA have contrary influence on the yield. The highest yield (60.12%) among all coating material ratios was achieved when the MD: GA ratio was 10:0 and the temperature was 160°C in the conditions of 1:1 core: coating material ratio with maltodextrin.

Applications of different temperatures were shown to have an effect on the amount of polyphenols. The polyphenols an increased when the MD: GA ratio was 8:2 at 140°C, but their amounts decreased when the temperature was increased above 140°C. This might be due to polymerization and synthesis of polyphenols after 140°C. A further increase in temperature caused those phenolic components to degrade. The highest amount of total polyphenols 17 mg GAE/100 g was obtained with a MD: GA ratio of 8:2 at 140°C.

The amount of phenolic compound increased in general when temperature was increased from 120°C to 140°C, but started to decrease when the temperature continued increasing (140°C to 180°C). Comparing all process conditions, the powders obtained with maltodextrin resulted in higher amounts of polyphenols with compare between different ratios MD: GA.<sup>18</sup>

## Conclusion

The aim of the current study was to get a higher insight into optimisation of solvent extraction of total polyphenols from TAGGP. The waste obtained from TAGGP was good source of total fiber, Carbohydrate and Total polyphenols (22.60 mg GAE/100 g), whereas it is fair source of fat. Among the solvent used for the extraction the methanol gives better extractability at 75% concentration with 4 h extraction time. During the encapsulation study of the total phenolic it was observed that, highest retention was observed when MD to GA ratio was 8:2 at 140°C.

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