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Efficacy of Metformin In Obese young people In Secondary care: A Systematic Review And Meta-Analysis From Randomized Controlled Trials

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Abstract: Metformin is one among the premium medicine used in the treatment of NIDDM. The patients still feel comfortable utilizing the oral drugs instead of parenteral. Most of the time diabetes is associated with the co-morbidities. Among all those co-morbidities obesity is one. However, there are many young candidates getting obese but still devoid of diabetes. The present research work tries to highlight the efficacy of metformin in reducing the BMI in non-obese patients using Systematic and Meta-Analysis approach.

Keywords: Randomized controlled trials (RCTs), Metformin, Body Mass Index, Obesity.

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