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BMI and Food Lifestyle Comparison B/W India and Germany and Specific Indian States

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Abstract: In this study we discuss the food related lifestyle and Body Mass Index of Germany and India whilst also comparing the same between Andhra Pradesh and West Bengal. We also compare internally for both countries for a better understanding of the topic. Ours results are established solely on raw facts gathered from various reliable sources. The use of graphs and pictorial representations whenever and wherever necessary makes for a better reading. **Keywords:** Body Mass Index Food Lifestyle Nutritional Values.

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